

# Collagen

## The Good News for the Aging Process

By: David Nelson, Ph.D.

### What is collagen?

Essentially, **Collagen** is the glue that holds us together. It is a protein that makes up about 30% of the body and is a natural component in our tendons, joints, ligaments, muscles, hair, etc. Twenty-four percent of the dry protein weight in the human body is collagen—the fibrous, elastic, and connective tissue in our bodies.

When our body's essential supply of collagen is low, many areas are affected, causing weakness, fatigue and overall lack of performance.

Over time, the aging process causes collagen to decrease, resulting in excess weight, reduced energy and more wrinkling.

Collagen supplementation is essential to support the body during these natural processes.

Collagen may be a fountain of youth that fights visible signs of aging.

"Since my first tablespoon of Calorad on February 19, 2001, I have lost 203 pounds and 284 inches from my body. My weight loss and new healthy lifestyle have profoundly and positively affected my life."

**Timmie Duncan**  
Toledo, Ohio

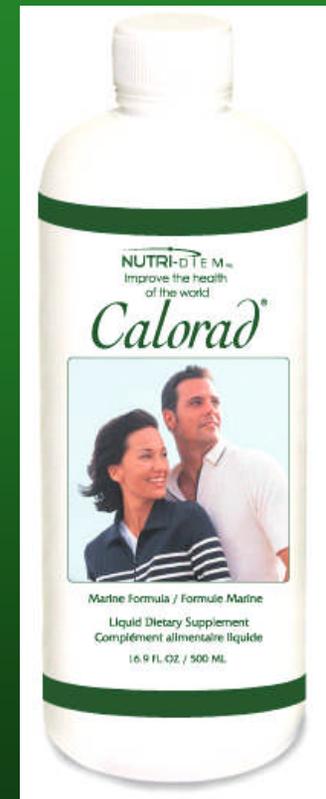


**The original with the motto**  
**"Lose weight while you sleep!"**



# Calorad®

**"The Original**  
**liquid collagen"**



To Order 888-658-5566  
Email: calorad123@verizon.net

For more information  
[www.calorad123.com](http://www.calorad123.com)

# CALORAD®

The “Original Liquid Collagen”

## Suggestions for use

- ◆ Take a tablespoon of Calorad® on an empty stomach, (generally 3 hours after a meal) with eight ounces of water right at sleep time, and preferably just before hitting the pillow and closing your eyes.
- ◆ Drink 8 glasses of water a day.
- ◆ Be fully committed to the program for at least 3-6 months and “try your best” to live a balanced life and make sure to weigh and measure yourself at the start!

## Fat chickens don't lay eggs?



Then



Now

## The Story

Michel Grise' of Montreal Quebec, Canada, a formulator of many years, was asked years ago to help with a problem in the poultry industry, a health issue called fatty liver syndrome in chickens. He designed a formula of collagen that in just a few short weeks caused the hens to start producing eggs again. The rest is history....His doctor suggested Michel should himself lose a few pounds and maybe would do well with “his own stuff!” He tried it and it worked!

## Chiropractic View of Calorad®

When I first received literature on Calorad, I was intrigued by the concept, but of course a little skeptical.

As a chiropractor, the concept of building muscle mass had more implications than just losing fat. Muscles attach to tendons, which of course attaches to bones. It occurred to me that if muscle mass were to increase, that could potentially benefit tendonitis and other musculoskeletal conditions. Since I see many patients diagnosed with fibromyalgia, I thought it would be an interesting product to evaluate. Now what is particularly interesting after seeing my patients use Calorad is that some patients told me that they had dramatic increases in energy and some of my fibromyalgia patients have had a significant reduction in pain. As muscle mass increased, people were getting better. Although I encourage everyone to give it at least 90 days before making judgment, I have not seen any patient go more than six weeks before noticing an improvement. I have not had one patient that hasn't lost inches or weight.

*Steven M. Silverman, D.C.*



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## Reasons people take Calorad®

- \* weight loss
- \* bone and connective tissues
- \* improvement of skin appearance
- \* improved metabolism
- \* fat loss
- \* muscle retention
- \* energy level
- \* softness and elasticity of the skin
- \* improvements in skin, hair and nail texture
- \* better sleep

“Easy as 123” Visit us [www.calorad123.com](http://www.calorad123.com)